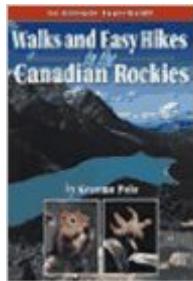


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# Walks & Easy Hikes In The Canadian Rockies (Altitude Superguides Series)



## Synopsis

This guide is designed as a companion to Classic Hikes in the Canadian Rockies. It focuses on short but pleasant hikes with easy access from the highway. The hikes range from a few minutes' duration to only a couple of hours.

## Book Information

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## Customer Reviews

The one negative thing about the book was that only half of the trails listed in the book have maps with them. However, there are several positive things about the book: 1. It is printed on very thick and durable paper (which should stand up well if used while on the hikes). 2. The 50 hikes with maps do have excellent pictures associated with them. 3. All of the hikes list the best time of the day to catch the best lighting for pictures, and are classified according to degree of difficulty. 4. The following parks are covered: Banff, Jasper, Kootenay, Yoho, and Waterton. 5.

Because we forgot to bring the books we already had at home, we had to buy new ones once we arrived in the Canadian Rockies this summer. This one did exactly what we wanted it to: it gave us an idea of which hikes to do (with so much choice and so little time), and they all lived up to what the description promised in the book. We did however sometimes wonder how the author came to rate the hikes easy, moderate or difficult, as we found some that were meant to be easy more difficult and ones that were rated moderate/hard quite easy. Nevertheless: a very good book to give you an appetite for hiking in the Rockies and very helpful when you don't have much time.

These are excellent walks for those on a time budget but who want to see more than the hoard from the latest coach tour. The scenery is so vast that walking further gains little benefit anyway, but it gets you out of the car park and to some breathtaking scenery and peace and quiet. In most cases with very little effort. If you like photography and if you don't, it tells you the best time of day to see the sights - Use it to plan your holiday - you don't need anything else. Easy to read, easy on the eye and not too big; the best guide to any area I've visited.

This is the perfect hiking/walking guide for travelers who aren't in the best physical condition. We, along with my parents who are in their 70's, spent an intense 10 days in the parks covered by this book. We took nearly all the hikes that the author noted as his favorites, plus a few more, and had no other hiking guides other than what was available on the Parks Canada web page. We found the book fairly accurate as to photography notes, difficulties, and geographics. For those wanting to take only the shorter or easier hikes, this is a great value of a book.

This book was really helpful in giving advice on great walks in the Rockies, from Banff to Jasper. If you are new to hiking in the National Parks, then this will introduce many of the best hikes with information on points of interest and many excellent photos.

The title says it all: "Walks and Easy Hikes." This is a nearly perfect guide for travelers with limited time, physical handicaps, or small children. Even short walkways to overlooks are included in the book. The extensive descriptions of the natural history of each trail area make this guide equally ideal for less restricted hikers who simply want to slow down and fully appreciate what they're seeing. Unlike some other "easy hike" guides, the author uses both distance and changes in terrain to grade each hike as "easy" to "harder." However, the elevation changes for the hikes are not noted. The maps are small but legible. They indicate stream, lakes, and parking areas but not elevations. It's important to note that--unless a trail is a loop trail--distances are one way. U.S. users can easily translate the author's standard distances of 1.6 and 3.2 kilometers to 1 and 2 miles. It's unfortunate that this is the only guide of its kind covering a number of national parks in North America.

For the person who isn't satisfied with a bus tour, or with simply driving around and snapping a photo from a parking lot or a roadside, this is an indispensable book. There are many dozens of

hikes, from wheelchair access, through easy walks, to strenuous non-technical climbs. They're well described, and they're ranked by ease of use. The maps are very basic and sketchy, and some knowledge of the roads and the general relationships of towns and cities is assumed - so you'll need a more detailed map, or even better a few topographic maps.

We are spending a week with children in the Canadian Rockies and this was the PERFECT choice to lead us to short hikes, walks and points of interest. Great descriptions and photos. I read it cover to cover in a night and felt like I had a good handle on what to see in each park.

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